



Autumn 2021 Coaching Schedule (13th of September to 20th of December)

Mondays

6pm to 7.30pm – Mixed Doubles Coaching – Doubles coaching for our mixed team players, technical, tactical and mental coaching with varied theme each week.

Standard – Adult team performance players. 8 Spaces £10 per session
coaching@headleytennis.com to reserve your space

7.30pm to 9pm – Mixed Doubles Coaching – Doubles coaching for our mixed team players, technical, tactical and mental coaching with varied theme each week.

Standard – Adult team performance players. 8 Spaces £10 per session
coaching@headleytennis.com to reserve your space

Thursdays - 14/10, 21/10, 4/11, 11/11, 18/11, 2/12, 16/12

6.30pm to 7.30pm – Bootcamp Headley Style – Physical training specific to tennis, fast-paced drills and exercises to improve foot speed, reaction time and tennis conditioning. 6 Spaces @ £7 per session.

coaching@headleytennis.com to reserve your space

Fridays

12.30pm to 2pm – Coaching afternoon – General coaching session with varied theme each week.

Standard – Adult Intermediate and above. 8 Spaces £10 per session
coaching@headleytennis.com to reserve your space

Saturdays

1pm to 2pm – U8 coaching – group session for our aged 8 and under juniors – £7 per session

2pm to 3pm – U10 coaching – group session for our juniors aged between 8 and 10 – £7 per session

3pm to 4pm – Yellow ball coaching 10+ – General coaching for our over 10 juniors – £7 per session

Individual Coaching

Liam is available to book for individual coaching.

His prices are

£28/£38 member/non-member one-off 1 hour individual

Block booking individuals are available to members at reduced rates

Please contact coaching@headleytennis.com or 07759139863

Robbie is available to book for individual coaching

His prices are

£20/£30 member/non-member 1 hour individual

Robbie is available for bookings on

Thursday 3pm to 4pm

Thursday 5pm to 6pm

Please contact coaching@headleytennis.com

Re-Stringing

It is recommended that you re-stringing your racket by the amount of times you play a week per year. i.e. if you play twice per week, you should re-string every 6 months. This is because strings de-grade over time and lose their quality.

Liam is a sponsored Volkl player/coach/stringer and provides a wide range of Volkl strings for re-string.

Prices are as follows

£15/£25 member/non-member for re-string. Complimentary re-grip and bumper tape included.

£8/£18 if you provide your own string to re-string your racket. Complimentary re-grip and bumper tape included,

Please contact coaching@headleytennis.com with your requirements and then leave your racket in the clubhouse for collection.

Ball Machine

Liam has a SpinFire Pro 2 ball machine which is available for hire.

Balls, battery and remote are included in the hiring

Prices are as follows

£10ph/£20ph member/non-member

Please contact coaching@headleytennis.com to hire.

Headley Social Calender Summer 2021

ONE OFF EVENTS

FRIDAY THE 19TH OF NOVEMBER – QUIZ NIGHT

Tuesdays

9am to 11am – Club mornings – Fun mixed doubles social.

Standard – for all.

shirley@winckless.com to join

6pm onwards – Mixed doubles social – Organised by Liam, fun social mixed doubles matches.

Contact 07759139863 for info

Wednesdays

7.30pm til late – Ladies mix in – Organised by the ladies captain – Fun ladies doubles social.

Standard – for all ellywhitworth@hotmail.com to join

Thursdays

9am to 11am – Club mornings – Fun mixed doubles social.

Standard – for all.

shirley@winckless.com to join

7.30pm til late – Gents mix in – Organised by our chairman – Fun mens doubles social.

Standard – for all.

Paulbettin09@gmail.com to join

Sundays

3pm onwards – Mixed doubles – Organised by Liam, fun mixed social doubles matches

Contact 07759139863 for info